



FACT SHEET

HIV Counseling and Testing (HCT) 2012



BACKGROUND

- ❖ HCT is the entry point for HIV/AIDS prevention and control programs
- ❖ Uptake of HCT in Nigeria though increasing is still low
- ❖ Only 49% of women and 56% of men in Nigeria know where to obtain HCT (NARHS 2007)
- ❖ Inadequate number and a higher concentration of HCT services in secondary and tertiary institutions and in urban areas pose challenges to access

Staff attrition
Poor funding: training & materials

NATIONAL PREVENTION PRIORITIES

The Primary goal is to reduce HIV incidence by scaling up implementation of effective HIV and AIDS prevention interventions. The strategies for achieving this goal include:

- ❖ Promote and scale up HIV counseling and testing including client initiated and provider initiated HIV counseling and testing

Source: National Prevention Plan 2010-2012

NATIONAL HCT TARGETS (2011-2016)

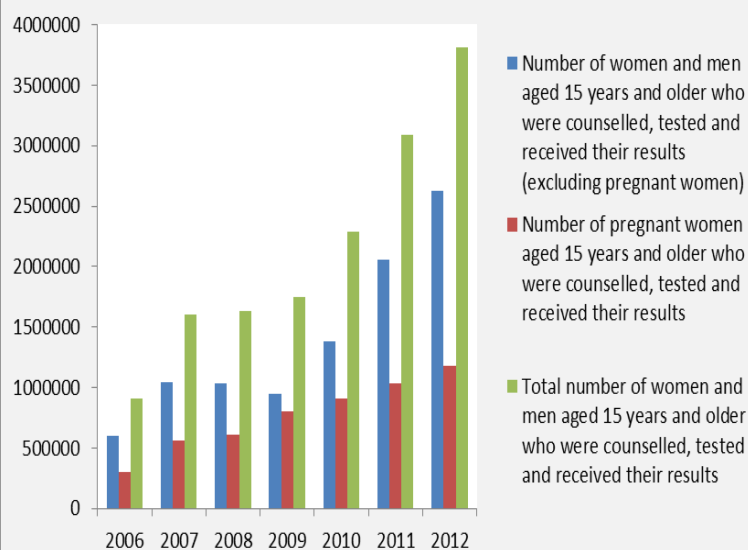
- ❖ At least 80% of adults access HCT services in an equitable and sustainable manner by 2015
- ❖ At least 80% of Female sex workers access HCT by 2015
- ❖ At least 80% of Men who have sex with Men access HCT by 2015

Source: NSP 2010-2015

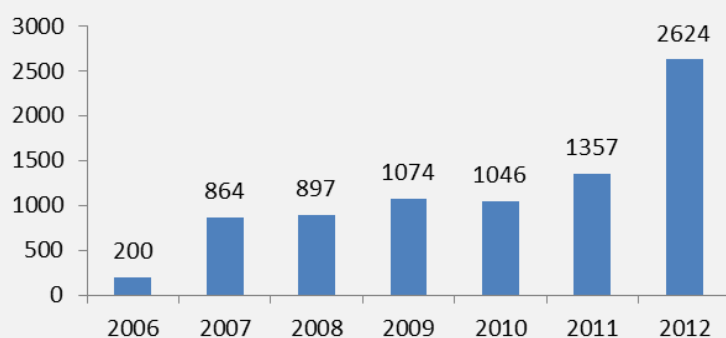
HCT ACHIEVEMENTS, 2012

- ❖ Number of health facilities that provide HIV counseling and testing services increased from 1,046 in 2010 to 2,624 in 2012
- ❖ Number of women and men aged 15-49 who received HIV testing and counseling in the last 12 months and who know their results (excluding pregnant women)- 2,628,103 (FMoH, 2012)
- ❖ Number of pregnant women aged 15 and older who received HIV testing and counseling in the last 12 months and who know their results-1,181,296 (FMoH, 2012)
- ❖ Percentage of young women aged 15-24 who are HIV infected- 4.15% (ANC 2010)
- ❖ Percentage of injecting drug users who received a HIV test in the last 12 months and who know their results- 19.42% (Males-18.4%, Females-36.9%) (IBBSS, 2010)
- ❖ Percentage of sex workers who received a HIV test in the last 12 months and who know their results- 41.75% (Male- 17.5%, Female- 44.8%) (IBBSS 2010)
- ❖ Percentage of men who have sex with men who received a HIV test in the last 12 months and who know their results- 24.9% (IBBSS 2010)

Counselling and testing in Nigeria 2006-2012



No. of HCT Sites in Nigeria 2006-2012



Challenges

- Inadequate number and geographical spread of HCT sites
- Persistent poor uptake of services
- Stigma, discrimination, misconceptions and cultural beliefs contribute to low uptake of services
- Recurrent shortage of HIV test kits

Recommendations

- Scale-up HCT services to rural communities to improve access
- Improve awareness and knowledge of HIV especially among young people to improve uptake of HCT
- Collaborate with traditional rulers, religious and community leaders to educate and sensitize rural dwellers on importance of HCT
- Improve supply chain of HCT commodities
- Speedy passage of anti-stigma bill to reduce stigmatization of HIV positive people
- Improve on existing referral networks so that people who test positive can get requisite services and care

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