

**Title: YOUTH SENSITIZATION WORKSHOP IN ILORIN**

**Thematic Area: Advocacy & Communication -  
Improved access to FP Services & Commodities**

**Period of Activity 1 day**

**Date when started: 14-09-2012**

**Date when ended: 14-9-2012**

**A. Place where the Activity was held:**

Kwara State Ministry of Health, Ilorin

**B. Objectives of the Activity:**

To sensitize the youths on the general knowledge needed on Reproductive Health and FP commodities and Services

To build a team of educated and well informed youths who will be Family planning advocates/ambassadors for their peers in Ilorin.

**C. Were the objectives met? Please explain why.**

The objectives were met.

The workshop held for a day, representatives (including Management) from HERFON made a presentation on unwanted pregnancy and ways to avoid it. The FP Coordinator made presentation on Family Planning and its various methods. After the presentations, participants were asked to identify barriers that limit them from accessing Family planning services in Ilorin and ways to overcome those barriers.

Participants, aged from 17 to 56 years, at the workshop were drawn from Offa, Irepooodun, Ilorin East, West, and South. There were also representatives from Nurhi State Team and HERFON State Chapter.

After long participatory discussions, the youths identified the following as the problems limiting them from accessing family planning services in Ilorin

### **WHY YOUTHS ARE NOT ACCESSING FAMILY PLANING**

1. “My partner uses condom so I don’t need it”
2. Illiteracy, ignorance, wrong information given about family planning
3. Fear of delay in getting pregnant after stopping the pills.
4. Fear of chemical infections that could lead to death from the use of condoms
5. Breakage of condom and limited size availability
6. Fear of side effects based on testimony and experiences from other users
7. Fear of its failure
8. Discomfort during intercourse
9. Distance from the facilities
10. Religious reasons/preference for traditional methods
11. Low level of education targeted at youths
12. Youth are shy to go
13. Pretence
14. Fear of being reported to a parent.

### **D. Challenges and Lessons learned:**

- The only challenge was that the youths were initially shy to freely discuss their feelings.

It was learnt at the meeting that if youths are well taught about family planning earlier in life, it would give them a healthy start on their lives,

### **E. Recommendation:**

The youth were happy about the workshop and all expressed they have learnt a lot from the meeting. They however recommended the followings.

1. More information needed on family planning targeted at their age group
2. Advocates should be discrete and speak to people privately
3. Parents should start family planning/RH education with their children earlier from home

4. RH providers should not be judgemental of the youth
5. More experts need to be employed to provide services
6. Educative programmes should be provided for the rural dwellers also.

**F. Outcomes / Success story from the Activity:**

- Some of the youths attested that they like Family planning and they are using it.
- They promised to embark on advocacy to their peers with the NURHI's pamphlet on Family Planning/Child spacing Methods provided for them.

**G. Next Steps / Follow up Actions - None**

**H. Name(s) of Facilitator(s):**

1. Prof' Layi Erinosh
2. Dr.Nkem Ene
3. Wale Adeleye

**I. Name(s) of consultant(s) used (if any):  
None**

**J. Number of Participant(s): 60**

**K. ATTACHMENTS** (please attach the following documents if applicable)

1. **Attendance** - *attached*
2. **Agenda** - *attached*
3. **Notes**
4. **Photographs with captions (1-5 Max) -  
*attached***
5. **Presentations- *attached***

<b>Name (person submitting):</b> Wale Adeleye	<b>Date of Submission:</b> 22 <sup>nd</sup> Sept' 2012
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